



*Joyce Kyles*  
CONSULTING

LEADERSHIP AND WELLNESS

**PORTFOLIO**

# ABOUT JOYCE KYLES

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Joyce L. Kyles is an award-winning, global speaker, master-certified professional coach, 2x Amazon best-selling author and podcaster. She is the CEO of Joyce Kyles Consulting, and the former Executive Director and Founder of Walking Into A New Life. Her speaking, training, and coaching experience and clientele include nonprofits, healthcare industries, small businesses and corporations, military installations, law enforcement, high schools, colleges, and universities across the U.S., Europe, and the Middle East.

A graduate of Arkansas State University, Joyce has received certifications for Nasdaq's Milestone Circles, Women's Entrepreneurship, Diversity, Equity, and Inclusion; Mental Health First Aid US; domestic violence; sexual assault; and child sex abuse. Her humbling accolades and published work include features in the Huffington Post, Tri-State Defender, the New Orleans Tribune, the Welcome Greenbook for Black Tourists, and being named the Crime Victim Advocate of the Year. She is listed as a Featured Instructor for Campus 51, an online educational program in Cairo, Egypt. She is a member of the National Coalition of 100 Black Women, Inc., Northwest GA Chapter, ForbesBLK, and an honorary member of Beautiful Spirited Women, Inc. She previously served as the Secretary, then later as the DEIB Director for the International Coaching Federation (ICF)-TN Chapter.

Joyce is a proud wife, mother, MiMi, servant leader, and advocate who guides others to transition, transform, and thrive.



# KEYNOTES AND PROGRAMS

## **Create Yourself: Imagery. Intimacy. Innovation.**

A transformational experience focused on mindset, values, confidence, and intentional personal and professional growth.

## **What Color Is Your Elephant?**

An innovative leadership and team-building program that addresses workplace barriers, strengthens communication, and builds resilient, high-performing teams.

## **Harmonious Wellbeing: Mind, Body, and Business**

A holistic approach to burnout prevention, productivity, and sustainable success through wellness-driven strategies.

## **I Left. Now What?**

A survivor-centered program that guides individuals and communities through life after abuse, offering practical tools for healing, resilience, advocacy, and thriving beyond trauma.

## **Delivery Formats**

- Keynote
- Interactive Workshops
- Leadership & Team Retreats
- Organizational Assessments / Surveys
- Leadership, Staff or Group Coaching Program Packages

# TESTIMONIALS

...It was a powerful way to start the year and a timely reminder that a new year doesn't have to mean a new you. Instead of chasing drastic change, Joyce encouraged us to focus on intentional practices, gratitude, and small, sustainable steps that actually support long-term wellbeing. We're grateful for the insight and energy Joyce brought to this session, and we would highly recommend her to other organizations looking to integrate wellness into their culture in a practical, human, and meaningful way.

**Elena Agaragimova, Head of Talent, Horizon Industries, Ltd.**

"My experience with Mrs. Joyce was exponentially exceptional. She covered every base of the curriculum. And if we had questions she didn't have an immediate answer to, without hesitation she would find the information and get it back to us. In meeting her, I was terrified at becoming a civilian again. However with the new found knowledge she provided, I feel confident and comfortable that I'll not only live but thrive through this new chapter in my life."

**Dre Hobson, Serviceman, Stationed in Kaiserslautern, Germany**

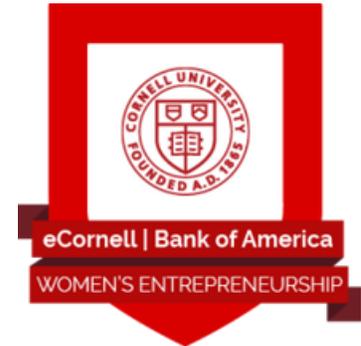
"Thanks so much for being the keynote speaker at our conference....The message was clear; the style was professional and informative while at the same time being entertaining. We would love to have you back again soon in our upcoming events."

**Sara Nagy, Director of Professional Development, Benchmark Education, Cairo, Egypt**

"Joyce is a very intentional and thoughtful coach. She asked the right questions which made me think and reflect on how I would implement the goals I wanted to achieve. Joyce was prepared, offered valuable resources, tools and references for me to get started. I have made great strides towards my goals. I highly recommend Joyce Kyles as both a coach and consultant. I appreciate the seed she has sown and I am certain you will walk away with a better perspective on how to achieve what you want to do."

**Paris Ducker, CEO/EAA , Coach**

# CERTIFICATIONS, MEMBERSHIPS, AND FEATURES



# CONNECT WITH JOYCE KYLES

When you hire Joyce Kyles, you're gaining more than a speaker, facilitator, or coach. You'll get a proven strategist committed to solution-centered approaches, using a harmonizing, unique blend of professional development and personal transformation. Joyce offers the following:

- Customized Solutions aligned with goals
- Holistic Approach to Self-Care and Wellbeing
- Engaging and Impactful Delivery
- Empowerment Through Experience

## CONTACT



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**Positioning leaders & organizations to transition, transform, and thrive by strengthening human-centered leadership & wellness-informed strategies.**

