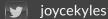


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Award Winning Global Keynote Speaker



Restoring the Whole in My Soul

AUTHOR

This book offers a practical look into experiences for which everyone can relate. It provides realistic strategies to acquire and retain a sense of holistic healing, self reflection, self sufficiency, forgiveness and love. Each chapter ends with a 'Restoration Notes' section for journal purposes.

This book is about replacing, rebuilding and reclaiming the pieces of your life and restoring it to a place of personal and professional peace & prosperity.









ABOUT ME

20 Years of Personal & Professional Experience

Executive Director
Walking Into A New Life, Inc.

Praxis International ALC Training Graduate

LEAP Cohort 3 Fellow Graduate Certified-Mental Health First Aid USA

Certified -Darkness to Light, Stewards of Children

Certified Assessor

Danger Assessment Scoring Instrument

ACE Awareness Foundation Training



Community Engagement Domestic Violence Entrepreneurship Healthy Relationships Personal Development Sexual Assault

SPEAKER

I Left. Now What?: Addressing the Aftermath

Many survivors of abuse are repeatedly told to leave. However, they aren't told what to expect once they do. Here, we examine the process through their eyes, dispel myths, workforce development strategies, and discuss how friends, family & service providers help & hurt.

What's Love Got To Do With It?: Nothing and Everything Through storytelling and engaging interaction, we deeply explore self love, finding love after abuse, healthy relationships, love vs lust & more. Prepare to see love in a new and promising light.

I Talk To Myself: Personal Development We often want to please others and value their opinions more than our own. It's time to practice some self reflection, assess your needs and get out of your own way personally and professionally.

SPEAKING AND MEDIA HIGHLIGHTS

















